



DIAGNOSIS, TREATMENT, AND SURVIVORSHIP

Illinois Comprehensive Cancer Control Program

In this video, we will present the 2022-2027 Illinois Comprehensive Cancer Control Plan's diagnosis, treatment, and survivorship section.

IDPH OVERVIEW

- **VISION**

- Illinoisans empowered and supported to achieve their optimal health with dignity and acceptance in diverse and thriving communities.

- **MISSION**

- The Illinois Department of Public Health is an advocate for and partner with the people of Illinois to re-envision health policy and promote health equity, prevent and protect against disease and injury, and prepare for health emergencies.



This is the IDPH vision and mission statements.



2022-2027
**Illinois Comprehensive Cancer
Control Plan**



The 2022-2027 Illinois Comprehensive Cancer Control Plan is dedicated to all Illinoisans whose lives have been affected by cancer.



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[HTTPS://DPH.ILLINOIS.GOV/TOPICS-SERVICES/DISEASES-AND-CONDITIONS/CANCER/2022-2027-ILLINOIS-COMPREHENSIVE-CANCER-CONTROL-PLAN.HTML](https://dph.illinois.gov/topics-services/diseases-and-conditions/cancer/2022-2027-illinois-comprehensive-cancer-control-plan.html)

The 2022-2027 Illinois Comprehensive Cancer Control Plan is available to view and download on the IDPH website at the link shown here. In this presentation, we will review the diagnosis, treatment, and survivorship goals, objectives, and strategies.

The diagnosis, treatment, and survivorship section is on pages 27 through 33 of the cancer plan.

DIAGNOSIS, TREATMENT, AND SURVIVORSHIP

Provides support and services to cancer patients, survivors, and their caregivers to address social, emotional, and financial challenges they may face.

I just heard about a friend, "Don't say anything. He's got cancer, but he doesn't want to talk about it." I go like, "Why not?" Do you realize how much love you can get if you put it out there? Because people do care. They want to. That's it.



White, non-Hispanic cancer survivor and caregiver from Cook County, 82 years of age

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Diagnosis, treatment, and survivorship includes providing support and services to cancer patients, survivors, and their caregivers to address social, emotional, and financial challenges they may face.

GOAL #1

Promote awareness and access to navigation services, including financial navigation and care navigation, to reduce disparities in cancer health outcomes.

Objectives

Promote four educational opportunities for patient navigators per year.

Develop a resource document of supportive services.

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The first diagnosis, treatment and survivorship goal is to promote awareness and access to navigation services including financial navigation and care navigation to reduce disparities in cancer health outcomes. There are two objectives for this goal. The first objective is to promote four educational opportunities for patient navigators per year. This will be measured by distribution of patient navigator educational opportunities per year. The second objective is to develop a resource document of supportive services. Objective two will be measured by the completion and distribution of the resource document.

GOAL #2

Increase diagnosis of high-risk patients with familial or genetic risk factors.

Objectives

Improve awareness of guidelines for surveillance, diagnosis and appropriate treatment based on tumor characteristics (i.e., Lynch syndrome).

Increase referrals to genetic testing.

My mother is a cancer survivor, and I'm actually in cancer research. And we have cancer in the family, and I just realized we don't talk about it.



Black, non-Hispanic community member
from Cook County, 37 years of age

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The second goal for diagnosis, treatment and survivorship is to increase the diagnosis of high-risk patients with familial or genetic risk factors. There are two objectives for this goal. The first objective is to improve awareness of guidelines for surveillance, diagnosis, and appropriate treatment. The final objective is to increase the number of referrals to genetic testing.

GOAL #3

Increase awareness of ongoing care coordination for monitoring, follow-up, and recurrence screening.

Objectives

Promote awareness among health care providers of guidelines for surveillance and follow-up.

Promote existing resources to share with associations to educate providers on the elements of navigation.

I think that it would be very helpful if all oncology offices had a direct link to a social worker or counseling department, let alone if there was just an area on the check-in desk where there was business cards for where to seek help.



White non-Hispanic cancer survivor from central Illinois, 35 years of age

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Goal three is to increase the awareness of ongoing care coordination for monitoring, follow-up, and recurrence screening. There are three objectives for this goal. The first objective is raising awareness among health care providers of surveillance and follow-up guidelines which will be measured by the promotion of guidelines to four organization with health care providers.

The second objective is the promotion of existing resources that can be shared with different associations to educate health providers on the elements of navigation. This will be measured by the identification of five associations each year to distribute materials to their constituency.

GOAL #3 CONTINUED

Increase awareness of ongoing care coordination for monitoring, follow-up, and recurrence screening.

Objectives

Increase patient and provider awareness of survivorship care coordination and guidelines by directing patients and providers to survivorship resources (use QR code).

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The final objective for goal three is to increase patient and provider awareness of survivorship care coordination and guidelines by directing patients and providers to survivorship resources. This will be measured by the distribution of materials to at least five patient advocacy organizations each year.

GOAL #4

Raise awareness of the need for increased quality of life for enhanced recovery and survivorship and available resources.

Objectives	Baseline	Target
Decrease the percentage of days (8-30 days) where cancer patients' and survivors' mental health was not good (BRFSS 2019).	9.7%	8.7%
Decrease the percentage of days (8-30 days) cancer patients and survivors were kept from doing their usual activities due to their health (BRFSS 2019).	15.4%	13.9%
Decrease the percentage of cancer patients and survivors who are overweight or obese (BRFSS 2019).	11.3%	10.2%
Decrease the percentage of cancer patients and survivors who binge drink alcohol (BRFSS 2019).	4.8%	4.3%

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The fourth goal is raising awareness of the need for increased quality of life for enhanced recovery and survivorship and available resources. All data for the first four objectives is from the Illinois Behavioral Risk Factor Surveillance System. The first two objectives are focused on decreasing the number of days a cancer patient or survivor had poor mental health or their health kept them from doing their usual activities. The third objective is focused on decreasing the percentage of cancer patients and survivors who are overweight or obese to 10.2 percent. The fourth objective is decreasing the percentage of cancer patients and survivors who binge drink alcohol to 4.3 percent.

GOAL #4 CONTINUED

Raise awareness of the need for increased quality of life for enhanced recovery and survivorship and available resources.

Objectives	Baseline	Target
Promote clinical trials to current cancer patients.	N/A	2
Increase the number of Illinois providers certified in hospice and palliative medicine.	207	228

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These are the last two objectives for goal four. The fourth objective is the promotion of clinical trials to current cancer patients. This objective will be measured by the promotion of clinical trials in two educational documents each year. The final objective is to increase the number of Illinois providers that are certified in hospice and palliative medicine to 228.

GOAL #5

Support the availability of telehealth and outreach programs.

Objectives

Promote continued availability of telehealth for patients.

Promote educating patients on how to utilize telehealth platforms and other technology.

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The final goal for diagnosis, treatment, and survivorship is to support the availability of telehealth and outreach programs. There are two objectives for this goal. The first objective is to promote the continued availability of telehealth for patients. The second objective is to promote educating patients on how to utilize telehealth platforms and other technology. This objective will be measured on the availability of curriculum or training resources for clinic staff and CBOs to support the patient use of telehealth platforms.

STRATEGIES

- **Policy:** Educate decision-makers about economic and insurance barriers related to health care for cancer survivors.
- **System:** Make intentional efforts/generate opportunities to build collaboration with and to leverage existing patient navigation platforms.
- **Environmental Changes:** Implement evidence-based cancer plans that include all stages of cancer survivorship.
- **Health Equity:** Identify resources for cancer survivors in communities that experience disparities in diagnosis, treatment, and cancer outcomes.

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The strategies are divided into different focus areas of policy, health systems, environmental changes, and health equity. Each objective has a list of policy, health systems, environmental changes, and health equity strategies. Here is an example of each type of strategy in the diagnosis, treatment, and survivorship section.

CALL TO ACTION

What can you do to address cancer diagnosis, treatment and survivorship?

Individuals	Share knowledge and medical history with family members.
Community organizations	Provide or host cancer support groups.
Schools	Provide counseling services for students and caregivers going through treatment.
Employers	Support cancer survivors in the workplace.
Health care professionals	Provide adequate services and navigators for survivors and caregivers.
Insurance and policy makers	Support legislation that funds cancer treatment.

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People have several different options to address diagnosis, treatment, and survivorship. Individuals can share knowledge and medical history with family members. Community organizations can provide or host cancer support groups. Schools can provide counseling services for students and caregivers going through cancer treatments; whereas employers can support cancer survivorships in the workplace. Health care professionals can provide adequate services and navigators for survivors and caregivers. Insurance and policy makers can support legislation that funds cancer treatment.



THANK YOU

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If you have any questions, please feel free to contact the Illinois Comprehensive Cancer Control Program at DPH.CompCancer@Illinois.gov.