

Family Health History is Important!

A recent survey found that 96 percent of Americans believe that knowing their family health history is important.



Diseases which may be present in your family:

- Cancer
- Heart disease
- Kidney disease
- Emotional disorders
- Down syndrome
- Diabetes
- Genetic disorders
- Bleeding disorders



The Family Health History Initiative is a cooperative effort by the Chicago Center for Jewish Genetic Disorders and the Illinois Department of Public Health.



Funding for this publication was provided by the Illinois Department of Public Health.

Printed by Authority of the State of Illinois
PO.#3711741 4M 7/10

IOCI 0024-10



State of Illinois
Illinois Department of Public Health

Family Health History Record Keeper



Health History on My Mother's Side

Mother: _____

Grandmother: _____

Grandfather: _____

Aunts: _____

Uncles: _____

Cousins: _____



My Family Health History

My Health Conditions: _____

My Children: _____

My Sisters: _____

My Brothers: _____

My Nieces: _____

My Nephews: _____

Health History on My Father's Side

Father: _____

Grandmother: _____

Grandfather: _____

Aunts: _____

Uncles: _____

Cousins: _____

